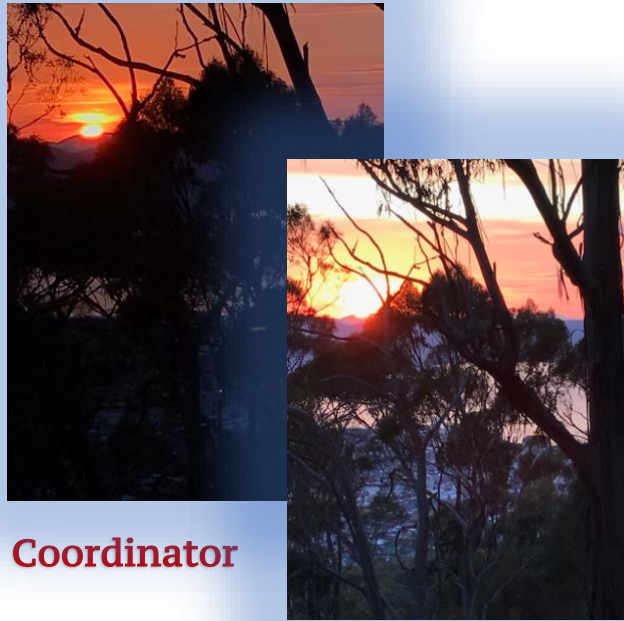




Arrupe® Program

Newsletter April, 2022

Dawn over Hobart from Knocklofty



From the Arrupe® Coordinator

Greetings everyone.

Every day we are seeing two overwhelming tragedies play out right before our eyes: the brutality of war, and the wanton destruction of the entire planet earth. We are living in a time of profound human trauma and angst; it is a time when every reflective person is forced to ask 'why?' and 'what can I do?' As yet, no one has quite found the words to express what is going on in us as a human species, but we can say there is a welling up of a human movement to overcome these seemingly intractable catastrophes. What I am about to write is not a distraction from those vital issues, but assertion that we must continue to affirm the value and importance of the search for inner peace even in the midst of extraordinary turmoil. By this, I don't mean 'escape' or 'avoidance', in fact quite the contrary, but I am saying that now more than ever we need to turn to the God of peace, to find peace.

Most people have the experience – or indeed multiple experiences – of something serendipitous or 'uncanny' happening to them. I have had many such experiences – chance encounters, providential meetings, puzzling convergences – sometimes so significant that they have changed the course of my life. When I was 23, I was passing a bookshop in Cork (Ireland) and saw on a bookstore window, a book with the title *In Search of a Way*. As I was searching for a way in my life at the time, I decided to buy it and read it. It transpired that the book was by Gerry W. Hughes SJ, and reading it had a profound impact on me. Just as I finished the book an Irish Jesuit by the name of Michael Paul Gallagher was to give a public talk in Cork, so I decided to go to see him. When he had finished speaking, I went up to him to tell him how much I enjoyed his talk. Probably sensing my own search, he asked me if I would like to meet him for a proper chat. When I went to work that Monday after speaking



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This month's topics:

- Podcasts
- Upcoming events
- Useful Links
- [March Edition](#)

Quote:

"If we find it difficult to see ourselves as the truly liberated and free men and women of the planet, then it is a sure sign that we need renewal".

Pedro Arrupe, SJ

with him, I told my boss about my conversation, and he in turn revealed to me that he had spent a few years in the Jesuits and that his brother was still a Jesuit.

Until that time, I had never encountered a Jesuit, even the term 'Jesuit' was only at the very edge of my consciousness; now, all of a sudden, Jesuits were popping up all over the place! I'm sure that many of you reading this will be able to recount many similar experiences on your own journey. I had a less dramatic and consequential experience of such serendipity last week. I was out for my regular morning walk in the forest at Mount Lofty in Hobart when I sat down to watch the earth come around to meet the sun. (Note that I don't say 'sunrise'; I do not say it because it is not what happens – the sun doesn't 'rise', as we know, we rotate into the sun. For me, this has become a very important alteration in my language as it has changed my inner thought process and has completely transformed my perception of the role of the sun in my life). When I sat down to witness this daily miracle taking place right before my eyes, I was filled with a sense of wonder.

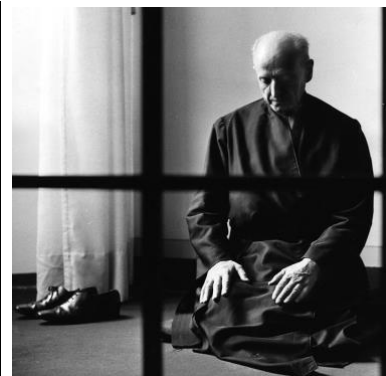
I started thinking to myself that this precise moment will never come again, and the scene that is playing out in real time right before my eyes will never be again: I will never be in this exact spot again, the sun with this horizon will never-ever be again, and I will be a different person the next time I will greet the sun. So, I thought to myself, I need to at least attempt to live this day to the very fullest, within the limits of who I am. I want to live the day with this awareness as the background music of my day.

After about 10-15 minutes of such meditations, I got up to continue my walk. Usually, for the second half of my walk I listen to a podcast (or to music). On that morning, I put on a podcast titled [Healing Beyond Reason](#), with American author Caroline Myss. Imagine my astonishment, when early in her interview she began a segment on the nature of prayer with the following reflection:

Just take one simple phrase. You can take a phrase like, "Let nothing disturb me. Let nothing disturb the silence of this moment with you." And you withdraw into that, and you dwell on just perhaps one thing. Just one truth. Merton wrote one time in his journal, "This day will never come again." That is a profound truth. This day of your life will never come again, so you withdraw into that as a prayerful reflection, and you think every day of my life will never come again. Every single day. How will I use every day of my life? If I really dwell on that one single thought I am overwhelmed by the power of it. Every single sunrise I will never see again because it will never rise again on this day of my life. I will never revisit this day. It is impossible. And I will never see the sunset that I am going to see this evening in my life because I'll never be here again. This day, this age, it's over with, forever. I will never walk down the same street again and I will never again see the same people the same way. How will I use this day of my life? This extraordinary truth that this day will never come again. As you dwell on such a truth it converts into a field of grace. And you say lift me up into this altitude of the truth of this. Just take me away into this. What am I doing here in this life now? In this day that will never come again, strip away from me what is simply extraneous nonsense. I have no more time for this. Let me see what is nonsense and learn discernment. Give me the grace of discernment that I may see what is valuable and important from what is not. This is prayer.

I was in a state of bemused shock to hear on this podcast *exactly what I had been thinking, in precisely the same wording that was in my own thought!* It made me so grateful in that moment for those uncanny surprises, those inexplicable manifestations of the real presence and the humour of God that we can experience in our ordinary everyday lives.

One of the many beautiful realisations and revelations of the Ignatian approach to prayer is that God speaks directly to us through our experience; that God is not 'out there' or 'far away' but is with us, and in everything, most of all within us, and **that** God reveals Godself if we are genuinely and honestly attentive to what we are experiencing. When we are attuned to ourselves in this way, we are attending to the Trinitarian God who is present in us. This is the very reason why it is such an extraordinary grace to give and receive spiritual direction. Through the encounter we become aware of, and we interpret experience, and in so doing we hear God's voice and sense God's presence in the other. This is the profound and consequential grace of spiritual direction: what a gift, and what a grace!



Fr Pedro Arrupe at Prayer

Quote:

"Only by being a man or woman for others does one become fully human".

Pedro Arrupe

Watch:

[Fr Pedro Arrupe's beatification process underway](#)



So we are not people who avoid the pain of the world, instead, enter into it through being present to each other's real experience. If we can do this, we can enter with compassion and empathy into the experience of the broken people of Ukraine and Yemen and all the other sites of violence and disruption in our world; and, we can enter into the pain of the brutalised earth itself. This is what prayer is and this is the reason why prayer changes everything. It is the reason why Pope Francis asserts [consecrating Russia and Ukraine to Mary is 'not a magic formula but a spiritual act.'](#)

This month we offer another collection of openings for encounter. The many workshops and prayer opportunities afford all of us the chance to deepen our experience of God. The podcasts invite us to be present to the knowledge, insight, and wisdom of gifted people so that we too might share in their experience even if it is vicarious; however, if we're attentive, we may be able to find echoes or resonances of their experience in our own experience, their insights in our own insights. This is the beauty and gift of human communication. The workshops and webinars on offer present us with the opportunity to be with others to deepen our experience of God by expanding our horizons; the retreat offerings afford the opportunity to simply be with God.

So, we hope you will find something in what follows that will bring you much nourishment and inner joy.

What is the Arrupe® Program?

Please refer to our website for a full overview and description of the Arrupe Program. You will find there a program overview, the formation process, selection criteria and application process. If you wish to contact us, please email Elisa Cugliari at ea@jcs.edu.au

The vision of Pedro Arrupe and the vision for the Arrupe® Program

To work out our vision the best place to go is to go to the writings of the person whose life and vision motivated the foundation of the movement.

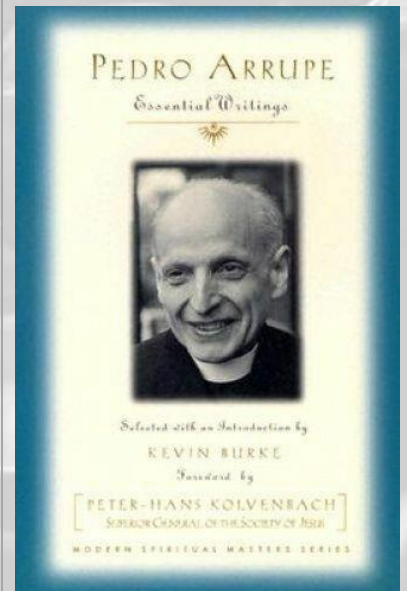
Against the backdrop of what is happening in our world, we would do well to revisit an extraordinary reflection titled "Hiroshima" that Pedro Arrupe delivered in 1970 (published in *A Planet to Heal* in 1975). It contains a message of extraordinary power, and its prescience will strike at the depths of your heart.

I encourage you to read the entire piece, but the closing remarks are particularly relevant to all spiritual directors in the Ignatian tradition (please excuse the non-inclusive language – it was written in 1970):

In leading us to the central core of matter, atomic physics confronts us with the limits of the material universe. It impels us towards interiority, towards searching for the very root of being and of matter. It is a decisive step inward. When will the day come on which man reaches the final stratum of matter and is able to glimpse as if through a delicate tissue a new reality encased in all being—the divine reality? Above all when will he discover that in the core of his person there lives that divine reality? For this he will need a flash of light far more powerful than that which blinded us at Hiroshima: the light of faith which illumines without blinding because it is both powerful and gentle. On that day, when man discovers through the light of faith God in himself and in his fellowmen, and sees that this God does indeed live and is a God of love, wars and violence will cease and hatred will be no more. God will be seen as the cause of true union and human happiness. On that day will be born a new humanity that of the children of God. (Pedro Arrupe: *Essential Writings*, Selected with an Introduction by Kevin Burke, Orbis Books, pp.196-197)

Grant me, O Lord, to see everything now with new eyes, to discern and test the spirits that help me read the signs of times, to relish the things that are yours and to communicate them to others. Give me the clarity of understanding that you gave Ignatius.

Pedro Arrupe



Open invitation to Workshops

All Givers of the Spiritual Exercises as well as those who have a particular interest and engagement with Ignatian spirituality are welcome to join us for the following workshops. **If you wish to participate in any of these workshops, please contact Elisa Cugliari at ea@jcs.edu.au to register your interest.**

Dates and Presenters	Presentations
<p>Saturday, April 30, 2022, 9.00am – 11.00am (AEST)</p>  <p><u>Sacha Bermudez Goldman SJ</u></p>	<p>Applying the <i>Spiritual Exercises of St Ignatius</i> to the context and needs of survivors of forced displacement – What a spiritual director should know (Presenter: Rev Dr Sacha Bermudez Goldman SJ)</p> <p>In this workshop we will explore the ways in which the Spiritual Exercises can be applied and adapted for those who have suffered the trauma of displacement and marginalisation in all its forms and manifestations. We will examine the ways in which spiritual directors can use their skills to support and improve the lives of those who have endured such experiences.</p>
<p>Saturday, June 11, 2022, 9.00am – 11.00am (AEST)</p>  <p><u>Michael Smith SJ</u></p>	<p>Spiritual Direction: An Ignatian Mysticism of Service (Presenter: Rev Dr Michael Smith SJ)</p> <p>In this workshop we will explore the relationship between the mystical and the political dimensions of life. Why? Because the Church's pastoral life has suffered from its benign neglect of the enormously rich Christian mystical heritage. We will explore the relationship between the human longing for holiness, for active participation in the sacred, for union with God and the human longing for compassionate justice, for the alleviation of poverty, suffering, and oppression, for a more equitable sharing of resources and opportunities. We will ask the question: How do spiritual directors accompany directees as they incarnate their consolation?</p>
<p>Saturday August 6, 2022, 2.00pm – 4.00pm (AEST)</p>  <p><u>Camilla Russell</u></p>	<p>Ignatius as Giver: “Spiritual Exercises in the Eternal City: Ignatius and Rome”. (Presenter: Dr Camilla Russell)</p> <p>This workshop we will explore the early fortunes of the Spiritual Exercises in Rome. It follows Ignatius of Loyola's formative period in the city and the first people to whom he gave the Spiritual Exercises, who went on to become key supporters in helping to secure the papal ratification of the Society of Jesus in 1540. The workshop uses this lens to trace a two-way influence, identifying how the Exercises touched a nerve in the religious reforming ferment and spiritual currents of mid-sixteenth century Rome (both heterodox and sanctioned), and how the city in turn shaped Ignatius and his companions in their many works around the city, providing a window onto the stratified nature of the Spiritual Exercises, their contexts, and legacy.</p>
<p>Saturday October 8, 2022, 2.00pm – 4.00pm (AEST)</p>  <p><u>Annemarie Paulin-Campbell</u></p>	<p>“The transformative power of the dialogical processes in Imaginative Contemplation on God-image and self-image.” (Presenter: Dr Annemarie Paulin-Campbell)</p> <p>This session will look at the power of imaginative contemplation to facilitate significant shifts in image of God and image of self and at the spiritual and psychological mechanisms underpinning those shifts. It will examine dialogical-self theory which allows us to better understand how imaginative contemplation opens the space for God's grace to work especially powerfully in the Spiritual Exercises. We will look at examples from research done with women in the South African context.</p>

Podcasts Worth Hearing



Dietrich Bonhoeffer

Remembering Dietrich Bonhoeffer

On Saturday we celebrate the life and legacy of Dietrich Bonhoeffer who was executed in Flossenbürg concentration camp on **April 9, 1945**. Last week, I listened to a wonderful interview with the documentary maker Martin Doblmeier, who directed a classic documentary of Bonhoeffer's life in 2003. I remember going to see that documentary at the Nova cinema in Melbourne with an historian friend of mine, we emerged from the experience scarcely able to speak.

Here is that beautiful extended interview with Doblmeier and Krista Tippett on *On Being*.

Martin Doblemeier - Ethics and the Will of God: The Legacy of Dietrich Bonhoeffer

<https://onbeing.org/programs/martin-doblmeier-ethics-and-the-will-of-god-the-legacy-of-dietrich-bonhoeffer/>



Pierre Teilhard de Chardin SJ

This Month my podcast focus is spirituality and science, and I recommend a number of excellent podcasts that will really stimulate your mind and light up your heart. The first is an interview with Ursula King, Andrew Revkin, and David Sloan Wilson on Teilhard de Chardin's "Planetary Mind" and Our Spiritual Evolution

(Note: Some of the content of these descriptions is taken directly from the On Being website)

This is a very special podcast and definitely illuminating given the pervasive sense of darkness that seems to be enfolding us at this time. Here Teilhard's thought is presented in a very accessible and understandable way. He suffered greatly as a Jesuit for his unconventional ideas in a very conventional age, but he seemed to survive it all without bitterness or resentment – a testament to his deep appropriation of his Jesuit spirituality.

The coming stage of evolution, Teilhard said, won't be driven by physical adaptation but by human consciousness, creativity, and spirit.

<https://onbeing.org/programs/ursula-king-andrew-revkin-and-david-sloan-wilson-teilhard-de-chardins-planetary-mind-and-our-spiritual-evolution/>



George Coyne SJ



Guy Consolmagno SJ

The second is a stirring and joy-filled interview with George Coyne and Guy Consolmagno – Asteroids, Stars, and the Love of God

This interview was aired shortly after the death of the Vatican Astronomer George Coyne. Like most of the Vatican astronomers across history, he was also a Jesuit. More than 30 objects on the moon are named after the Jesuits who mapped it and ten Jesuits in history have had asteroids named after them. George Coyne was one of the few with this distinction, alongside his friend and fellow Vatican astronomer Brother Guy Consolmagno. In a conversation filled with laughter and pearls of great spiritual wisdom, we witness the spacious way the two of them approached life, faith, and the universe.

<https://onbeing.org/programs/guy-consolmagno-george-coyne-asteroids-stars-and-the-love-of-god/>



Mario Livio

The third is profoundly engaging and moving interview with Mario Livio – Mathematics, Mystery, and the Universe

The astrophysicist Mario Livio spent 24 years at the Space Telescope Science Institute working with the Hubble Telescope, which has revealed the reality and beauty of the Universe to scientists and citizens in whole new ways. The Hubble's successor, [the James Webb Telescope](#), will become fully operational in the next few months (2022), and will further some of the questions about the early formation of the Universe and the origins of life to which Mario Livio has been devoted. Krista spoke with him in 2010, and this conversation has become an On Being Classic, imparting a thrilling sense of all we are learning about the cosmos in this generation in time, our terrible earthly woes notwithstanding. Also: how scientific advance always meets recurrent mystery, from the emergence of life in the Universe to the very heart of mathematics and the puzzle of dark matter and dark energy.

<https://onbeing.org/programs/mario-livio-mathematics-mystery-and-the-universe/>

There are many more excellent podcasts I could recommend, but I will space them out over future editions of our newsletter. Next month I will focus on **poetry and spirituality**.

Other upcoming Events and Offerings that may be of interest



IM22 International Conference online:

May 12 - 14

The three-day conference is an Ignatian murmuration, a series of spiritual conversations, using the Spiritual Field Hospital exercises of Michael Hansen SJ during Covid, to make connections with Ignatius in his interior journey of receiving new life in Christ.

This conference is just about discovering something new, something unplanned, but vital, together.

On that we will take wing

Read [more](#) | Register [here](#)



International Ignatian Ecospiritual Online Conference

April 25 - 30

[Watch this video to learn what exactly what's involved in the International Ignatian Ecospiritual Conference in 2022!](#)

Key Topics:

Laudato Si, Climate Change, Aboriginal Spirituality, Natural Regeneration Project, Laudato Si Action Plan

The Registration Fee is \$200.00AUD.

Participants will join each day via zoom.

Monday 25 April 2022 5:30 PM - Saturday 30 April 2022 7:00 PM (UTC+11)

Register [here](#)



A JCAP Flagship Project

Integrating Laudato Si' with Provincial and Regional Action

In response to the urgent call of poverty and reconciliation with creation in Asia Pacific, and guided by the Universal Apostolic Preferences and the [JCAP Apostolic Plan for 2021 to 2025](#), JCAP takes concrete steps through a flagship initiative dubbed "Caring for Communities and Creation".

Read [more](#)



Ignatian Spirituality Retreats

What Is Attracting You?

not in the wind...

not in the earthquake...

not in the fire...

Finally, there was a gentle breeze

and when Elijah heard it,

he covered his face with his coat.

He went out and stood at the entrance to the cave.

I Kings 19:11-13

What excites and attracts you, how do you find yourself drawn at the start of this year? We invite you to consider these pathways for nourishing your spiritual life.

View Full Range of Retreats | T: 1300 392 636 | E: info@jisa.org



Companions

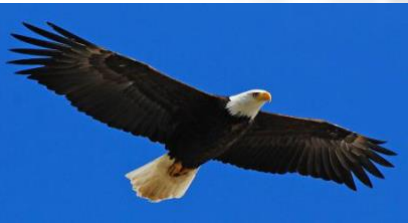
in the Ministry of the Ignatian Spiritual Exercises



Saturday 23 April 2022, 10.30am to 12.30pm (AEST)



Saturday 25 June 2022, 10.30am to 12.30pm (AEST)



Saturday 27 August 2022,
9.00am to 11.00am (AEST) &
2.00pm to 4.00pm (AEST)



Spiritual Exercises and prayers for you at home

New to Ignatian Spirituality?

Are you at a crossroads, searching for meaning, looking for healing or needing help to make decision? [Try a Spiritual Exercise](#)



Upcoming Events

[God representations and God Concepts: What's the difference?](#)

Facilitators: Terry Fanning and Michael Smith SJ

A God representation can be defined as 'as psychological working internal model of the sort of person that the individual imagines God to be.' A God representation is not the same as a God concept. A person may say that he or she believes in a loving and forgiving God, but in fact his or her God representations, which are often rooted in early object relations, may actually be negative. Often people's God representations differ from the normative God concepts they believe they should have according to the religious culture in which they live.

[Why God representations matter: the intersection between psychology and spiritual direction](#)

Facilitators: Murray Adams and Michael Smith SJ

God representations have consequences in people's lives. People whose God representations are authoritarian (that is, they imagine God as controlling, commanding, or punishing) tend to behave in ways that are aggressive, or protecting) tend to behave in ways that are prosocial. Positive God representations are strongly related to well-being and negative God representations are strongly related to psychological distress.

[Healing False God Representations](#)

Facilitators: Anne Pate, Annemarie Paulin-Campbell and Michael Smith SJ

Anecdotal evidence indicates that people who make the Spiritual Exercises of St Ignatius of Loyola can experience positive shifts in their God representations and self-concepts.

Exercitants report that, as a result of making the retreat, they experience themselves more positively and their God-representations are more positive. The imaginal and dialogical processes of the Spiritual Exercises — in particular the use of imaginative contemplation and the colloquy — facilitate these changes. These shifts in self-worth and confidence tend to happen much more quickly in the process of the Spiritual Exercises than they might typically in psychotherapy, and they appear to be sustained.

Saturday 29 October 2022, 10.30am to 12.30pm AEDT)



[Imaginative contemplation and colloquy: How the Exercises facilitate shifts in images of God and self](#)

Facilitators: Anne Taylor RSC and Michael Smith SJ

Two methods of prayer used extensively in the Exercises are imaginative contemplation and colloquy. Both involve dialogue and the use of the imagination. Imaginative contemplation involves entering a Gospel scene using the senses and imagination and engaging in dialogue with the characters in the story and the person of Jesus. Colloquy is heart-to-heart familiar conversation with God, Jesus or Mary. The imaginal and dialogical nature of these forms of prayer plays a significant role in facilitating shifts in images of God and self. Exercitants can be freed from false images which inhibit them from deepening their relationship with the Lord.



[JISA Retreat Centres](#)

- [JISA Sevenhill](#)
- [JISA Faber](#)
- [JISA Campion](#)
- [Peter Canisius House](#)

Ukraine Appeal



Jesuit networks rally emergency support for Ukraine

JISA stands in solidarity with Ukrainians whose are devastated by Russia's war on their homeland. Read [more](#)

"The heartbreaking scream for help from our Ukrainian brothers pushes us as a community of believers not just to serious reflection but to cry with them and work for them."- Pope Francis

Donations welcomed via Jesuit Mission's Ukraine Emergency Appeal [here](#)

Useful Links and Resources



Pope Francis

Pope's Monthly Prayer Intentions

This month, Pope Francis asks us to join him in praying for health care workers. "We pray for health care workers who serve the sick and the elderly, especially in the poorest countries; may they be adequately supported by governments and local communities."

<http://popesprayerusa.net/popese-intentions/>



David McCallum SJ

“The Heart of Discerning Leadership: Growing Beyond Polarization”

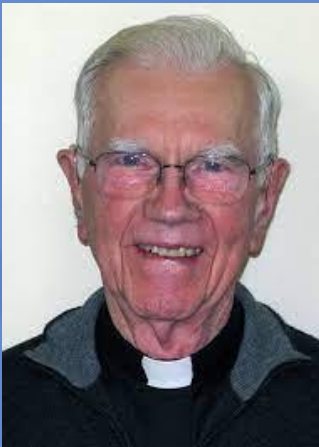
By David McCallum, SJ

“We need processes that allow for differences to be expressed, heard, and left to mature in such a way that we can walk together without needing to destroy anyone.”

– Pope Francis, [*Let Us Dream: The Path to a Better Future*](#)

Join David McCullum, SJ Founding Executive Director for the Discerning Leadership Program for reflective webinar here:

<https://ivcusa.org/discerning-leadership/>



Joe Tetlow SJ

You Have Called Me by My Name

By: Joseph Tetlow, SJ

In case you missed it or would like to view it again, below is the recording of “The Human Experience of Our Redeemer: An Ignatian Method for Encountering Jesus in Scripture and Prayer” with Fr. Joseph Tetlow, SJ.

You can view the recording of the Webinar with Father Joe Tetlow by clicking on the Webinar with Fathe Joe Teltlow below:



To obtain your copy please order through store.loyolapress.com or call 800-621-1008. No code needed. Offers good for a limited time. Shipping and handling are additional. Cannot be combined with other offers. [Always Discerning](#) is also available



Oblate School of Theology proudly presents Fr. Ron Rolheiser, OMI & Dr. Marilyn C. McEntyre | The Mystery of our Death | Spirituality for our Wisdom Years Webinar

Apr 23 | 12:00PM – 2:00PM Central Time | ONLINE EVENT VIA ZOOM

Registration: \$25 | Register [here](#)

This is the third in a series of four “Spirituality for our Wisdom Years” webinars which have been offered in 2021 & 2022. These webinars give a “taste” of OST’s Forest Dwelling Program (www.ost.edu/forestdwelling), a 2-year intensive formational program for people seeking to live into a mature spirituality. In this third webinar, two of the core faculty members will give an opening glimpse into themes of aging which are developed and harvested on this journey.

New Publications and Articles



Sacha Bermudez-Goldman SJ

THE GIFT OF A STRANGER Forcibly Displaced People and Hope-Gifting

By Sacha Bermudez-Goldman SJ

<https://www.theway.org.uk/back/601BermudezGoldman.pdf>

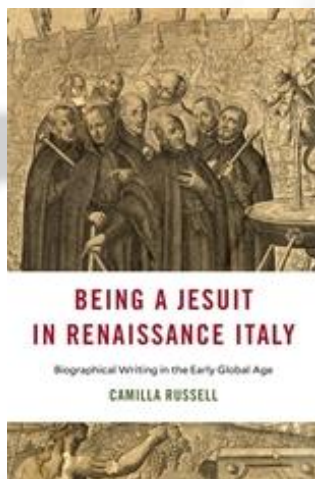


Suzanne Krudys

Family Structures and Spiritual Freedom

By Suzanne Krudys (Student)

<https://www.theway.org.uk/back/611Krudys.pdf>



Invitation to Dr Camilla Russell's book launch:

Monday 11 April 5.30pm for a 6.00pm start

The Oratory, Newman College, (University of Melbourne)

887 Swanston St, Parkville VIC 3052, Australia

The book will be launched by Catherine Kovesi (University of Melbourne) &

Peter Sherlock (University of Divinity), with welcome remarks by Frank Brennan SJ

(Newman College)

Attendees will be asked to produce proof of vaccination

For catering purposes, please send your RSVP asap to Camilla

Russell - Camilla.Russell@Newcastle.edu.au

For more information about the book, visit

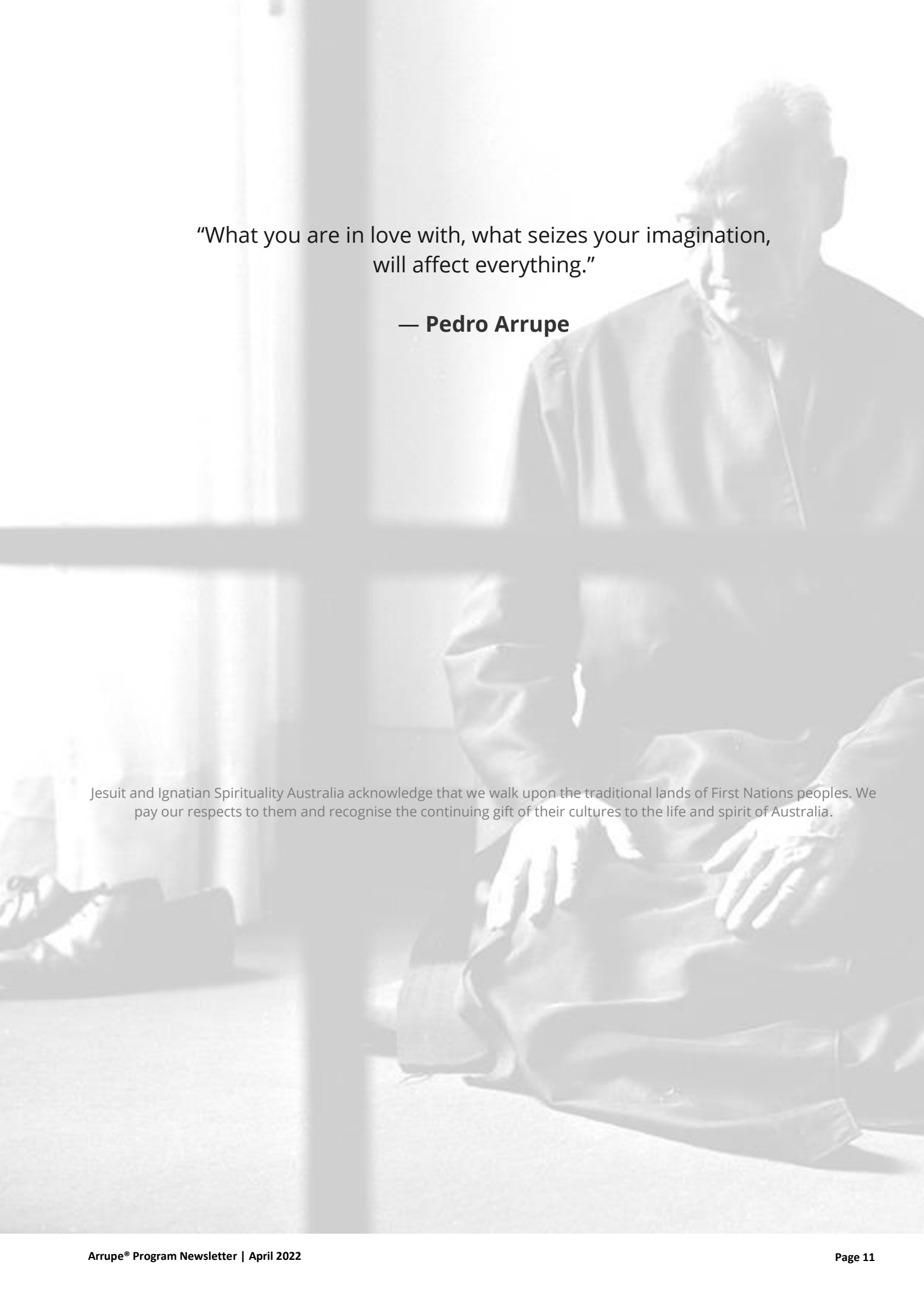
<https://www.hup.harvard.edu/catalog.php?isbn=9780674261129>

Being a Jesuit in Renaissance Italy

By: Camilla Russell

Dr Camilla Russell will deliver a workshop titled "Ignatius as Giver: Spiritual Exercises in the Eternal City: Ignatius and Rome" (see above). Camilla is very familiar to us as she has taught a number of units at what was then The Jesuit College of Spirituality.

While The Loyola Institute website is under construction, please refer to the JCS webpages for further details. These pages will be updated periodically. Please feel free to contact us for further enquiries or to offer feedback to Elisa Cugliari at ea@jcs.edu.au.



“What you are in love with, what seizes your imagination,
will affect everything.”

— **Pedro Arrupe**

Jesuit and Ignatian Spirituality Australia acknowledge that we walk upon the traditional lands of First Nations peoples. We pay our respects to them and recognise the continuing gift of their cultures to the life and spirit of Australia.