

Arrupe® Program eNews

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Arrupe® Program



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From the Arrupe® Coordinator: Our First Newsletter

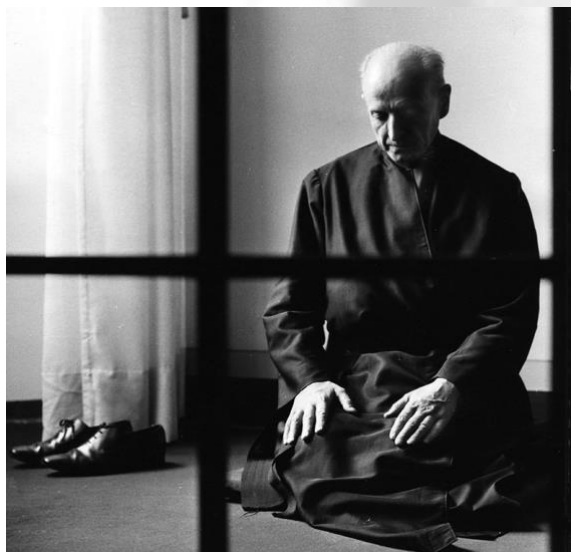


Statue of St. Ignatius of Loyola in Loyola House Jesuit Retreat Centre, Guelph, Canada

The release of our first Arrupe Newsletter coincides with the beginning of Lent. The timing couldn't be more apt given the intensity of the tensions and conflicts in our world at the present time. It is more important than ever to foreground the unifying and integrating force of the Spiritual Exercises at time when the world is riven with conflict, anxiety and polarisation. While our newsletter will not stop the war in Ukraine or prevent climate change, it can affirm what is sustaining and grounding amidst the ferment of change and flux. Ever since St Ignatius of Loyola began living and giving these Spiritual Exercises they have become a means of

affecting a profound inner transformation for millions of people throughout the course of the last 500 years. Ignatius' pithy declaration at the beginning of the First Week of the Spiritual Exercises communicates with powerful precision their focus and meaning; the Spiritual Exercises *"have as their purpose, the overcoming of self and the ordering of one's life on the basis of a decision made in freedom from any illordered attachment."* (The Spiritual Exercises, No. 21, trans. Munitiz & Endean). This is no small aim and the challenge inherent in it is not to be accepted lightly. As Dag Hammarskjöld observed in his famous book of personal reflections **Markings**, "the longest journey is the journey inward, for [she] who has chosen her destiny has started upon her quest for the source of her being". This is the journey of everyone who makes the Exercises, and it is the pilgrimage we embark on with our directees as we accompany them. This statue of Ignatius depicts a man on the move; Ignatius is always moving forward. The Exercises too impel us to move outward into the world to bring God's loving kindness to all living beings and all created reality.

What is The Arrupe® Program?



Fr Pedro Arrupe at Prayer

Named after Pedro Arrupe, Father General of the Society of Jesus from 1965 to 1983, the Arrupe® Program forms participants as givers of the Spiritual Exercises of Saint Ignatius of Loyola and spiritual directors in the Ignatian tradition. Since retreat direction is an art rather than a science, and is learned by doing, a significant proportion of the formation follows an apprenticeship model of learning, growth and development. We learn to be good directors by being with good directors.

The Arrupe program will prepare candidates to request the Arrupe accreditation from the Society of Jesus Australia (SOJA). The Arrupe Program is also intended to augment the learning that takes place within the MSD at ACU, (or other equivalent studies). It is designed to engage with a distinctive kind of pedagogy – one where the expectation of academic performance is not front and centre; where the student feels free to ‘be themselves’ in a context of flexibility, support, and mutuality.

If you would like to learn more about the Arrupe Program (a program overview, the formation process, selection criteria and application process), please contact Elisa Cugliari at ea@jcs.edu.au and ask for a copy of **“The Arrupe® Program for forming Spiritual Directors and Givers of the Ignatian Spiritual Exercises”**.

A Vision for Arrupe® Program



The desire I have for all Givers of the Spiritual Exercises, is the same desire I have for myself! My hope is that all our student directors will become Givers who have the capacity to facilitate this paradoxical liberation – the inner freedom that comes through surrender of our very selves to God (“a decision made in freedom”). This Lenten Season, Pope Francis, whose spirituality is manifestly Ignatian, is calling us to freely surrender our “ill-ordered attachments” so that we can clear a space for God to enter our hearts. (See, <https://www.americamagazine.org/faith/2022/02/24/pope-francis-lent-242460>)

Those of us who have taken the Exercises, and who have been called by the community to give them to others, know their potential for personal transformation and liberation. We know that if the Exercises are entered into in a spirit of self-forgetfulness and generosity, they grace us with the capacity to love at a deeper and more authentic level. Whatever transforms the human heart to be more loving, more forgiving, and more experientially accepting of oneself and all others as being made in the image of God, changes everything for the better. The Exercises are nothing less than a catalyst for revolution – a revolution of love in the human heart. It is a deep consolation to be able to collaborate with others in this revolution – especially against a backdrop of pervasive anxiety, conflict, and upheaval in our contemporary world.

Open invitation to Workshops

All Givers of the Spiritual Exercises as well as those who have a particular interest and engagement with Ignatian spirituality are welcome to join us for the following workshops. If you wish to participate in any of these workshops, please contact Elisa Cugliari at ea@jcs.edu.au to register your interest.

Dates and Presenters	Presentations
<p>Saturday, June 11, 2022, 9.00am – 11.00am (AEST)</p>  <p>Michael Smith SJ</p>	<p><i>Spiritual Direction: An Ignatian Mysticism of Service</i> (Presenter: Michael Smith SJ)</p> <p>In this workshop we will explore the relationship between the mystical and the political dimensions of life. Why? Because the Church's pastoral life has suffered from its benign neglect of the enormously rich Christian mystical heritage. We will explore the relationship between the human longing for holiness, for active participation in the sacred, for union with God and the human longing for compassionate justice, for the alleviation of poverty, suffering, and oppression, for a more equitable sharing of resources and opportunities. We will ask the question: How do spiritual directors accompany directees as they incarnate their consolation?</p>
<p>Saturday August 6, 2022, 2.00pm – 4.00pm (AEST)</p>  <p>Camilla Russell</p>	<p><i>Ignatius as Giver: “Spiritual Exercises in the Eternal City: Ignatius and Rome”.</i> (Presenter: Dr Camilla Russell)</p> <p>This workshop we will explore the early fortunes of the Spiritual Exercises in Rome. It follows Ignatius of Loyola's formative period in the city and the first people to whom he gave the Spiritual Exercises, who went on to become key supporters in helping to secure the papal ratification of the Society of Jesus in 1540. The workshop uses this lens to trace a two-way influence, identifying how the Exercises touched a nerve in the religious reforming ferment and spiritual currents of mid-sixteenth century Rome (both heterodox and sanctioned), and how the city in turn shaped Ignatius and his companions in their many works around the city, providing a window onto the stratified nature of the Spiritual Exercises, their contexts, and legacy.</p>
<p>Saturday October 8, 2022, 2.00pm – 4.00pm (AEST)</p>  <p>Annemarie Paulin-Campbell</p>	<p><i>“The transformative power of the dialogical processes in Imaginative Contemplation on God-image and self-image.”</i> (Presenter: Dr Annemarie Paulin-Campbell)</p> <p>This session will look at the power of imaginative contemplation to facilitate significant shifts in image of God and image of self and at the spiritual and psychological mechanisms underpinning those shifts. It will examine dialogical-self theory which allows us to better understand how imaginative contemplation opens the space for God’s grace to work especially powerfully in the Spiritual Exercises. We will look at examples from research done with women in the South African context.</p>

Podcasts Worth Hearing



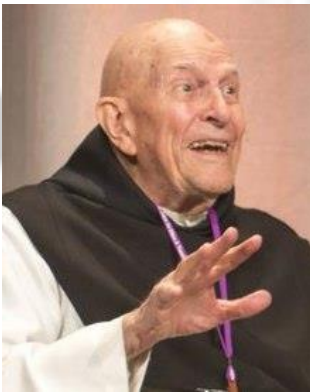
Each month I will recommend some podcasts. As spiritual directors, it is good for us to have our fingers on the pulse of contemporary trends and developments. I find listening to podcasts from a variety of sources to be a wonderful way of engaging with knowledgeable and insightful experts in a variety of fields. I usually listen to them while walking or doing housework! This month I want to recommend a podcast site called **Sounds True**.

<https://www.resources.soundstrue.com/>

Not all the offerings might appeal to you, but I have found some outstanding episodes.

Some have a specifically spiritual orientation, others specifically psychological or anthropological; many are engaging and uplifting, and open up new and refreshing ways of thinking about what it means to be human in the contemporary world.

[Sample 1: Thomas Keating & Ignatian Indifference](#)



Fr Thomas Keating

Here is a sample of a beautiful interview with the Trappist monk Thomas Keating. Even though he never mentions Ignatius, his reflections on inner freedom and letting go of what we grasp on to is one of the best reflections on Ignatian indifference that I have ever heard.

<https://www.resources.soundstrue.com/podcast/father-thomas-keating-inviting-the-presence-of-the-divine/>

Father Thomas Keating was a Trappist monk in the Cistercian Order who served as abbot of Saint Joseph's Abbey Monastery in Spencer, MA, for more than 20 years. He was the author of 20 books, and was one of the architects of the contemporary Centering Prayer movement. He passed away on October 25, 2018. In celebration of his life and to honor his death, Sounds True rebroadcasted this classic interview. He discusses the monastic path, prayer, doubt, and how he has dealt with both little deaths and big deaths in his own life. They also talk about the afterlife and the transformative process that occurs when one engages regularly with the practice of Centering Prayer. (72 minutes).

[Sample 2: James Hollis on your unique vocation](#)



Dr James Hollis








Listening to this enlightening and insightful reflection by James Hollis I was reminded of *The Personal Vocation* by Herbert Alphonso SJ, which is a creative and imaginative exploration of what it means to discover my "truest and deepest 'self'".

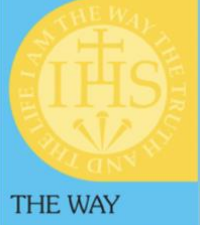
[What is wanting to find expression through you? – James Hollis](https://www.resources.soundstrue.com/podcast/what-is-wanting-to-find-expression-through-you/)

<https://www.resources.soundstrue.com/podcast/what-is-wanting-to-find-expression-through-you/>

Dr. James Hollis is a Jungian analyst, a former director of the Jung Society of Washington, DC, and a professor of Jungian Studies for Saybrook University of San Francisco/Houston. He is the author of *The Middle Passage*, *Living an Examined Life*, *Through the Dark Wood*, and *Living Between Worlds*, among many others. In this podcast Tami Simon speaks with James about the journey for personal fulfillment—how it starts, what it demands, and how it changes your life. James explains what it really means to take responsibility for your life's path, as well as how you can rediscover and reclaim your innate authority.

Useful Links for Givers of the Exercises

	<p>Companions is a professional association in Australasia of Givers of the Spiritual Exercises of Saint Ignatius; however, deeper than the formal structure, we are first and foremost members of community, bound together through a commitment to ministry and to the support of each other. Companions has strong links with the Society of Jesus but operates as an independent entity. Students are welcome to Join. Read more here</p>
	<p>The Ignatian Year</p> <p>From May 2021 until July 2022, the Society of Jesus celebrates an Ignatian Year. What is an Ignatian Year? May 20, 2021 marked the 500th anniversary of St. Ignatius' conversion — that fateful day when Ignatius the soldier, struck by a cannonball, began his transformation into Ignatius the pilgrim. How might we grow in our relationship with God and our love for one another by meditating on this important moment in Ignatius' life?</p>
	<p>Ignatian Spirituality</p> <p>This link offers a very good primer on all things Ignatian – Ignatian Spirituality explained; Ignatian Prayer; Discernment, etc. A very good starting point for anyone who wants to learn about Ignatian spirituality.</p>
	<p>Also for exploring Ignatian Spirituality</p> <p>Ignatian spirituality challenges us to encounter God in all things, witnessing to the joy of the Gospel. We go forth into the world as contemplatives in action, discerning God's desire for our lives here, now, and acting on God's invitation. We are women and men for and with others, hearing both the cry of the earth and the cry of the poor—and responding. And we do all for the greater glory of God.</p>
	<p>The First Spiritual Exercises</p> <p>The First Spiritual Exercises (FSE) combines the twin ministries of spiritual conversation and spiritual exercises, akin to the form of the spiritual exercises given most frequently by Ignatius and the early Jesuits to anyone of good will.</p>
	<p>The Spiritual Exercises</p> <p>A digitally enhanced experience of <i>The Spiritual Exercises</i> of Ignatius Loyola intended for spiritual directors, practitioners, extenders, and promoters of Ignatian spirituality. This resource is designed to support those who lead others in the Exercises, whether as a 30-day retreat, a 19th annotation retreat, or some other variation.</p>
	<p>The Portal to Jesuit Studies</p> <p>Founded at St. Louis in 1961 as the Institute of Jesuit Sources, Jesuit Sources specializes in preserving, maintaining, and expanding for scholars around the world important texts and studies in Jesuit history, spirituality, and pedagogy. It publishes Jesuit primary sources in English translation and auxiliary literature in Jesuit studies and currently features more than 100 volumes.</p>

	<p><u>The Way</u></p> <p>The Way is an international journal of contemporary Christian spirituality, published by the British Jesuits. Through writing informed by critical and creative scholarship, it aims to provide a forum in which thoughtful Christians, from different walks of life and different traditions, reflect on God's continuing action in human experience. If you have access to either the ACU library or the Dalton McCaughey Library, you will be able to access all articles published in The Way.</p>
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Other upcoming Events and Offerings that may be of interest

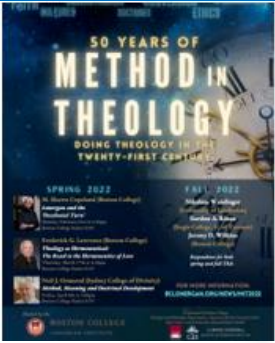
 <p>Jesuit and Ignatian Spirituality Australia</p>	<p><u>View Full Range of Retreats</u></p>
<p>T: 1300 EXAMEN (1300-392-636) E: info@jisa.org.au</p>	<p><u>Ignatian Spirituality Retreats</u></p>
	<p><u>Deepening my experience of the Spiritual Exercises Retreat</u></p> <p>Have you experienced the full Spiritual Exercises? Would you like to deepen this encounter? In this 8-day silent retreat, an experienced Ignatian spiritual director will guide you. Read more here.</p>
	<p><u>On the Way international retreat online</u></p> <p>An opportunity to reflect on God who companions you and to discern the movements of the Spirit in your everyday experience. This online retreat includes the Ignatian tools of Awareness Examen, Contemplative Prayer and Ignatian Discernment. Read more here.</p>
	<p><u>IM22 International Conference online</u></p> <p>An Ignatian murmuration, a series of spiritual conversations, using the Spiritual Field Hospital exercises of Michael Hansen SJ, to make connections with Ignatius in his interior journey of receiving new life in Christ. SAVE THE DATE: 12-14 May 2022. Read more here.</p>
	<p><u>Lenten Audio Reflections</u></p> <p>Ignatian Youth Adult Ministries proudly presents the Lenten Audio Reflection inspired by Ignatian Spirituality stream/download now. Read more here</p> <p> OFFICE OF IGNATIUS SPIRITUALITY</p>



[An Ignatian Guide to Lent](#)

Catholics have a lot of Lenten traditions. If you've been Catholic a long time, you may not even register these traditions; they may feel tired and routine. This Lent, use Ignatian spirituality to breathe new insight into these sacred rituals. Learn about Lent and about Ignatian spirituality through the lived experiences of fellow practitioners.

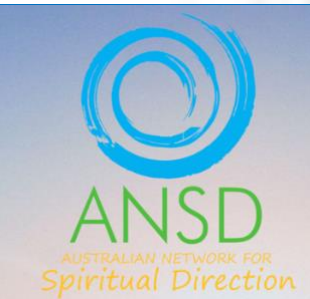
[2022 Lenten Resources from Jesuits East](#)



[Lonergan Lecture Series](#)

The Lonergan Institute is pleased to announce our 2022 lecture series, "50 Years of Method in Theology: Doing Theology in the Twenty-First Century."

The IAJS is co-sponsoring the BC Lonergan Institute's 2022 lecture series, "50 Years of Method in Theology: Doing Theology in the Twenty-First Century."



[Australian Network for Spiritual Direction \(ANSD\)](#)

"I will love them with all my heart."
Hosea 14:5

Three Meditations for Lent prepared by Dr Kerrie Hide and Dr. Robyn Fitzgerald

Please join us as we gather in silence and stillness to enter into the ground of the heart together in contemplation to prepare for the Holy Week Journey and Easter.

4.00pm-5.00pm (AEDT)

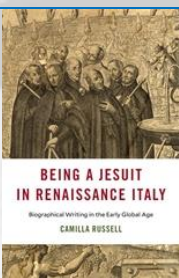
Friday March 4, Friday March 11, Friday March 18

Meeting ID: 834 83631502

Password: Heart

Or <https://us02web.zoom.us/j/83483631502?pwd=UDJYWVVqSTF3M0hoZEJZNHJWOWVd6UT09>

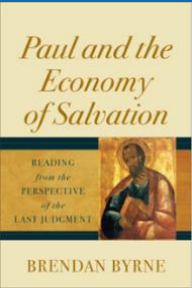
New Publications



[Being a Jesuit in Renaissance Italy](#)

Dr Camilla Russell will deliver a workshop titled "Ignatius as Giver: Spiritual Exercises in the Eternal City: Ignatius and Rome". Camilla is very familiar to us as she has taught a number of units in what was then The Jesuit College of Spirituality, now she has just published *Being a Jesuit in Renaissance Italy*.

Forthcoming April 2022 Harvard University Press. [Purchase details](#)



*Paul and the
Economy
of Salvation*

Paul and the Economy of Salvation

Reading from the Perspective of the Last Judgment

By: Brendan Byrne, SJ

This major contribution to Pauline scholarship by a widely-respected New Testament scholar is the culmination of over forty years of teaching on Paul. Brendan Byrne demonstrates that topics often discussed in Pauline studies and Christian theology go astray when the significance of the last judgment falls from view. Offering a fresh Catholic perspective that engages with centuries of Protestant interpretation, this book recaptures the significance of the motif of the last judgment for the interpretation of Paul. [Purchase details](#)



What Are We
Hoping For?

What Are We Hoping For?

Reflections on Lent & Easter

Richard Leonard, SJ

What Are We Hoping For? presents Fr. Leonard's contemporary perspective and insight in a series of refreshing stories and reflections that will assist the reader in understanding the seasons of Lent and Easter. The reflections are both thoughtful and challenging, making them an ideal resource for prayer. They will help readers reflect on the gospel stories and will provide an excellent aid to homilists seeking new ideas for these popular seasonal readings.

[Purchase details](#)

****Forthcoming Publication****

The Spiritual Exercises of St Ignatius Loyola

Paulist Press (Mahwah, NJ) will publish in early 2023 Prof Gerry O'Collins book, *The Spiritual Exercises of St Ignatius Loyola*. Gerry lectured on the Exercises at the Jesuit College of Spirituality for three years, so we eagerly await his wise reflections and insights into the Spiritual Exercises.

While The Loyola Institute website is under construction, please refer to the JCS webpages for further details. These pages will be updated periodically. Please feel free to contact us for further enquiries or to offer feedback to Elisa Cugliari at ea@jcs.edu.au.

“What you are in love with, what seizes your
imagination, will affect everything.”

— Pedro Arrupe